

BODY TREATMENTS & CARE (BODY THERAPIST)



Course Overview

Discover the art of indulgent body treatments and become a skilled Body Therapist in just one week. Our comprehensive course begins with understanding the importance of professional ethics, client communication then covers a range of body therapies, including exfoliation techniques, body wraps and masks, specialized treatments, massage techniques, and the integration of aromatherapy. Learn the secrets to providing rejuvenating and therapeutic experiences for your clients. Our experienced instructors will guide you through hands-on practice sessions, allowing you to develop the skills needed to excel in the field. By the end of the course, you'll possess the knowledge and expertise to offer customized body treatments that will leave your clients feeling pampered and revitalized. Enrol now to embark on an exciting journey into the world of body treatments and care. Your rewarding career as a Body Therapist starts here.

Learning Focus

- ★ Comprehensive understanding of various body treatments, including exfoliation, wraps, masks, and specialized treatments.
- ★ Proficiency in the application of exfoliation techniques for skin rejuvenation and renewal.
- ★ Expertise in the selection and application of body wraps and masks for detoxification and hydration.
- ★ Mastery of massage techniques to enhance body therapies and promote relaxation and therapeutic benefits.
- ★ Knowledge of specialized body treatments for targeted concerns such as cellulite reduction and firming.
- ★ Understanding the integration of aromatherapy and essential oils into body care for enhanced relaxation and rejuvenation.
- ★ Ability to conduct client consultations and develop personalized treatment plans based on individual needs.
- ★ Development of comprehensive treatment protocols for various body concerns and goals.
- ★ Familiarity with safety protocols, contraindications, and client care in body treatments.

Career Opportunities

- ★ Salons/spas
- ★ Country Clubs
- ★ Beauty Parlours
- ★ Cruise ships
- ★ Free-lance
- ★ Resort Spas
- ★ Sales
- ★ Education

Investment

INR: INR 25000 + Taxes
Duration: 1 week

Certification

Silk n Salt - Gurukul of Hair & Beauty
Certificate on course completion